

Totalcem protocol

Self-adhesive resin cement (for metal)



Step 1 : Tooth Preparation

1 Remove the temporary restoration

2 Rinse thoroughly

3 Gently air-dry
(Do not desiccate)

Note: Eugenol-free temporary cement

Step 2 : Restoration / Crown Preparation

1 Try-in the crown

2 Sandblasting & Cleaning

(Verify fit, decontaminate the intaglio if needed)

Step 3 : Cement Application

Totalcem: Automix syringe

1 Bleed

2 Place the mixing tip

3 Bleed again

4 Dispense cement

Crown: Onto the prepared tooth or into the crown. Cover all surfaces

Inlay/Onlay : into the preparation

Post : in the canal

Step 4 : Polymerization, Excess & Finishing

1 Seat the restoration
(Steady, moderate pressure; excess visible)

2 Wait for gel & remove excess
(~1,5 min or tack-cure 2 s)

3 Light-cure
(20 s per surface, margins included)

4 Finishing
(Interproximal finishing strips, polish margins, check occlusion)